

THINGS TO DO AROUND DES MOINES

Art galleries, shopping centers, performing groups, parks, sports teams - there's always something to do in the metro area. While downtown, use the extensive, four-mile skywalk to find your way to downtown shops and eateries. Be sure to check out our Web site, www.SeeDesMoines.com, for the most up-to-date listing of events, attractions and entertainment taking place in Greater Des Moines.

Science Center of Iowa and Blank IMAX Dome Theater

401 W Martin Luther King Jr. Parkway
Des Moines, IA 50309
Web site: www.sciowa.org
This 110,000 square foot facility features seven interactive learning areas, live programs and hands-on activities encouraging learning and fun for all ages. With three theaters including the Blank IMAX Dome Theater, cafe and gift shop, SCI has a lot to offer! Group sales, facility rental and full service catering available. Hours and prices on www.sciowa.org.



Iowa State Capitol

East Ninth Street & Grand Avenue
Des Moines, IA 50319
Web site: www.legis.state.ia.us
The 23-karat golden dome towering above the city is a favorite of sightseers. Four smaller domes flank the main dome. The Capitol houses the governor's offices, legislature, and the old Supreme Court room. Guided tours are available.



Blank Park Zoo

7401 SW Ninth St.
Des Moines, IA 50315
Web site: www.blankparkzoo.com
The Blank Park Zoo is Iowa's Wildest Adventure! Experience the wonders of nature found in the Tropical Rainforests, Australian Outback, and Africa. The zoo offers education classes, tours, and rental facilities. Named "Attraction of the Year" by the Iowa Tourism Office.



Adventureland Park

305 34th Ave. Northwest
Altoona, IA 50009
Web site: www.adventurelandpark.com
Adventureland Park has more than 100 rides, shows and attractions, including three great roller coasters. There are rides for all ages, from mild to wet-and-wild. Shows throughout the park feature a variety of family entertainment. Hotel and campground located next to the park.



Iowa Hall of Pride

330 Park St.
Des Moines, IA 50309
Web site: www.iowahallofpride.com

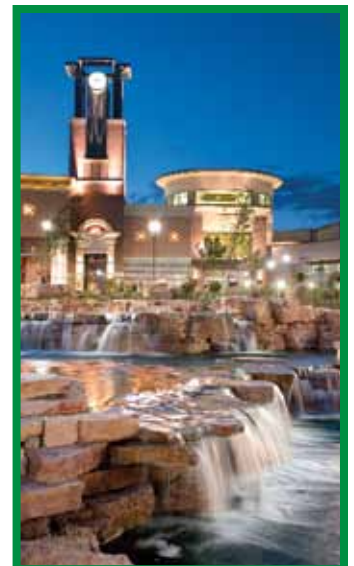
Experience Iowa from a fresh perspective at the Iowa Hall of Pride. Located within the Iowa Events Center, the Hall of Pride highlights Iowa's educational system, extracurricular activities and history through games, trivia and more!



Jordan Creek Town Center

101 Jordan Creek Parkway,
Suite 12518
West Des Moines, IA 50266
Web site: www.jordancreektowncenter.com

Jordan Creek Town Center is a 200-acre retail, dining, entertainment and recreation development. The center includes a two-level enclosed mall featuring 125 retailers with Younkers, Dillards and Scheel's All Sports; a theater; and a Residence Inn by Marriott.



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Living History Farms

2600 NW 111th St.
Urbandale, IA 50322

Web site: www.livinghistoryfarms.org

This 550-acre, open-air museum tells the story of Midwestern agriculture and rural life. Interpreters in period costume recreate daily routines of early Iowans. Visit the 1700 Ioway Indian Farm, 1850 Farm, 1875 Town, 1900 Farm and modern Exhibit Center. Open May through the third Sunday in October. Call for tour times.



allPlay of Des Moines

615 Third St.
Des Moines, IA 50309

Web site: www.inplaydesmoines.com

inPlay is the ultimate entertainment complex. Located across from the Iowa Events Center, inPlay has over 100 virtual reality games and a three-story rock climbing wall, plus the Stadium Grill Sports Bar, and a full-service banquet facility for up to 500 people. inPlay caters to all ages!



Iowa Chops

833 Fifth Ave.
Wells Fargo Arena
Des Moines, IA 50309
Web site: www.iowachops.com

The Iowa Chops, American Hockey League affiliate of the Anaheim Ducks (NHL), play a 40 game home schedule Oct. 10-April 11 at Wells Fargo Arena. For individual tickets, group tickets and game information please call 515-564-8700 or log onto www.iowachops.com.



Iowa Speedway

3333 Rusty Wallace Drive
Newton, IA 50208
Web site: www.iowaspeedway.com

Iowa Speedway offers high-speed, pulse-pounding NASCAR, Indy Car and motorcycle racing events. In 2009 it will host a NASCAR Nationwide Series race along with the Indy Racing League's Iowa 250. Iowa Speedway is a "Rusty Wallace Signature Series Track."

Des Moines Menace

6400 Westown Parkway
West Des Moines, IA 50266
Web site: www.menacesoccer.com

The Des Moines Menace is Iowa's premier soccer team and belongs to the United Soccer League's Premier Development League. Home games are played at Waukee High School Stadium during their regular season (May-July).



Iowa Cubs

Principal Park
One Line Drive
Des Moines, IA 50309
Web site: www.iowacubs.com

The Iowa Cubs are the Triple-A affiliate of the Chicago Cubs. The I-Cubs play in 11,000-seat Principal Park as part of the Pacific Coast League from early April to early September.



Sleepy Hollow Sports Park

4051 Dean Ave.
Des Moines, IA 50317
Web site: www.sleepyhollowsportspark.com

This unique 60-acre year-round sports park caters to groups and individuals and hosts events from 50 to 2,000+. It features downhill skiing, go-carts, miniature golf course, golf driving range, batting range, mountain bike trails and a beautiful 9-hole par 3 golf course.



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Brenton Skating Plaza

520 Robert D. Ray Drive
Des Moines, IA 50309
Web site: www.brentonskatingplaza.com

Bring your family to the coolest outdoor ice skating plaza in central Iowa from November to March. From April to October the plaza is available for parties, social events, movies, concerts and sand volleyball. Bike rentals available during summer. Other rentals and concessions year-round.



Valley View Aquatic Center

255 81st St.
West Des Moines, IA 50266
Web site: www.wdm-ia.com

Valley View Aquatic Center provides fun for the whole family. Featuring three bodies of water including: diving boards, drop slides, zero-depth leisure pool with spray toys, four water slides and a 600-foot lazy river.



Holiday Aquatic Center

1701 Railroad Ave.
West Des Moines, IA 50265
Web site: www.wdm-ia.com

Enjoy fun in the sun for the whole family at this railroad themed water park. Three water slides including a "swirl" slide, diving board, drop slide and an interactive spray zone offer fun for all ages.

Longview Golf Centre

10300 NW 54th Ave.
Grimes, IA 50111
Web site: www.longviewgolf.com

Longview Golf Centre has Iowa's only air supported dome for year-round golf practice and includes a nine-hole miniature golf course. They also have an outdoor range, 18-hole miniature golf course and full pro shop. Services include clinics, professional lessons, custom club fitting and corporate outings.



Iowa State Fair

East 30th Street & University Avenue
Des Moines, IA 50317
Web site: www.iowastatefair.org

Experience nearly 200 mouth-watering food choices, fabulous free entertainment, superstar grandstand concerts and plenty of blue-ribbon competition. Special offers available exclusively for tour groups. The Iowa State Fair "State Fair Time" is August 13-23, 2009.



Plaza Lanes/Volley's

2701 Douglas Ave.
Des Moines, IA 50310
Web site: www.plazalanesdm.com

Plaza Lanes Family Sports Complex offers a fun bowling atmosphere for the entire family. Lazer bowl is offered Saturday nights, and Volley's Volleyball and Grill is a new addition to the complex and promises a great outdoor experience.

West Grand Golf

6450 Raccoon River Drive
West Des Moines, IA 50266
Web site: www.westgrandgolf.com

West Grand Golf hosts a custom designed 18-hole miniature golf course with beautiful landscaping (waterfalls, streams, ponds, etc.) and a driving range with irrigated grass tees, target greens, putting green, chipping green and stadium lights.



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Des Moines Art Center

4700 Grand Ave.
Des Moines, IA 50312
Web site: www.desmoinesartcenter.org

Permanent collection of major 19th, 20th, and 21st century recognized masterpieces in a contemporary building complex designed by three internationally recognized architects. Outstanding exhibitions, educational programs, research library, restaurant and museum shop. Admission is free.



Boone & Scenic Valley Railroad

225 10th St.
P.O. Box 603
Boone, IA 50036

Web site: www.scenic-valleyrr.com

An operating educational railroad museum offering excursion train rides, dessert train rides and dinner train rides through the beautiful Des Moines River Valley. Call 1-800-626-0319 for information.



Saylorville Lake

5600 NW 78th Ave.
Johnston, IA 50131

Web site: www.saylorvillelake.org

Des Moines' backyard resort with 6,000 acres of open water for boating, fishing and swimming. You'll also find other recreational opportunities including camping, picnicking, hunting and wildlife watching. Saylorville features a 26-mile paved bike trail and visitors center.

Jester Park Equestrian Center

11171 NW 103rd Ct.
Granger, IA 50109

Web site: www.jesterparkec.com

Dedicated to providing horse enthusiasts the ideal area to pursue their passions. Guided trail riding (eight years and older), wagon/sleigh rides, year-round riding lessons, teambuilding, camps, therapeutic riding, and long and short-term equestrian boarding. Indoor and outdoor arenas are available for rent.



Fort Des Moines Museum & Education Center

75 E. Army Post Road
Des Moines, IA 50315

Web site: www.fortdesmoines.org

America's greatest memorial to black and female soldiers. The 20,000 square foot museum has artifacts, photographs and interactive exhibits, situated on a referent five-acre historic park.



Historic East Village, Inc.

4-7 blocks of E. Grand Ave. and E. Locust St.
Des Moines, IA 50309

Web site: www.eastvillagedm.com

Historic East Village, Inc. is a non-profit organization working to create a thriving and attractive retail, entertainment and residential neighborhood in the Historic East Village.



Des Moines Playhouse

831 42nd St.
Des Moines, IA 50312

Web site: www.dmpplayhouse.com

The Playhouse presents 12-14 musicals, comedies and dramas each year. Recent productions include "Chicago" and "Disney's Beauty and the Beast." Group prices available. Conveniently located on I-235. Also available: Entertainment to Go murder mystery, musical revue and interactive workshops.



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Iowa Energy

730 Third St.

Des Moines, IA 50309

Web site: www.nba.com/dleague/iowa

The Iowa Energy, an NBA Development League team affiliated with the Chicago Bulls and the Phoenix Suns, play a 24 game home schedule beginning with their home opener December 4th. Iowa's Adam Haluska, Jeff Horner and Doug Thomas, along with ISU's Curtis Stinson, round out the roster. For tickets, call 515-4NBA-TIX.



GlowGolf

101 Jordan Creek Pkwy, Suite 12004
West Des Moines, IA 50266

Web site: opryglowgolf.com

Located inside Jordan Creek Town Center, Glowgolf offers entertainment that's not "the average shot in the dark." Head over for a round of glow-in-the-dark miniature golf, and enjoy a whole new outlook on golf.



The Iowa Barnstormers

833 5th Avenue

Des Moines, IA 50309

Web site: www.theiowabarnstormers.com

The Iowa Barnstormers are back! As a first-year member of the Arena Football League 2, the Barnstormers received the 2008 af2 President's Award, one of the league's highest honors. To get your tickets, call (515) 633-BALL or logon to theiowabarnstormers.com.



Court Avenue Entertainment District

Court Avenue

Des Moines, IA

Web site: www.downtowndesmoines/court_district

The Court Avenue District is one of downtown Des Moines' oldest neighborhoods. It boasts many unique restaurants and bars, ranging from Hessen Haus, which features fine German cuisine, to Pasticceria's gourmet pastas and pizzas. With so much to choose from, there's something for everyone in the Court Avenue Entertainment District!



Downtown Farmers Market

Along the Historic Court Avenue District
Des Moines, IA

Web site: www.desmoinesfarmersmarket.com

"A Saturday morning spectacular, the downtown farmers market brings fresh fruits, vegetables, home-baked pastries and breads, specialty cheeses and wine, handcrafted apparel and jewelry, together with music, magic and more." The downtown farmers market goes from 7 a.m. to noon May through October



West Glen Town Center

5525 Mills Civic Parkway

West Des Moines, IA 50266

Web site: www.westglentowncenter.com

Shop, work, live, and play at West Glen Town Center. It offers stylish boutiques and exclusive eateries tucked inside a unique and vibrant neighborhood. West Glen is "style and charm blended with simplicity and elegance."

